



Gloucestershire



GLOUCESTERSHIRE PRIMARY CARE  
TRAINING HUB

# GLOUCESTERSHIRE PRIMARY CARE TRAINING HUB NEWSLETTER

AUGUST 2025



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GLOUCESTERSHIRE PRIMARY CARE  
**TRAINING HUB**

Take some time to look at  
the breadth of resources on  
our [Website](#)

Follow us on our Social  
Media Channels ...



We would love to hear from  
you, contact us here –  
[glicb.pcwc@nhs.net](mailto:glicb.pcwc@nhs.net)

# UPCOMING EVENTS

## Spotlighted Events



GLOUCESTERSHIRE PRIMARY CARE  
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<b>Tuesday 16<sup>th</sup> September</b> 12:00 – 13:00 - Virtual	De-escalation and Personal Safety Training Webinar	For full information please click <a href="#"><u>here</u></a> .
<b>Tuesday 23<sup>rd</sup> September</b> 09:30 – 13:30 - Virtual	Hot Topics Update Webinar	For full information please click <a href="#"><u>here</u></a> .
<b>Tuesday 21st October</b> 10:00 – 11:15 – Virtual	Technology-facilitated abuse Webinar	For full information please click <a href="#"><u>here</u></a> .

# UPCOMING EVENTS



GLOUCESTERSHIRE PRIMARY CARE  
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Thursday 28 <sup>th</sup> August 10:00 – 11:30	<u>Let's talk about Breast Cancer</u>
Thursday 28 <sup>th</sup> August 13:00 – 14:00	<u>GPN National Update: Monthly Webinar</u>
Tuesday 2 <sup>nd</sup> September 19:00 – 20:45	<u>Medicines reconciliation in transfer of care – Optimise</u>
Wednesday 3 <sup>rd</sup> September 13:00 – 14:00	<u>Wound Care Wisdom (2025) – Wound healing and wound assessment</u>
Thursday 4 <sup>th</sup> September 13:00 – 14:00	<u>Lifestyle Medicine Webinar</u>
Tuesday 9 <sup>th</sup> September 12:00 – 13:00	<u>Early Careers Retention Meeting: The Wellbeing Line</u>
Wednesday 10 <sup>th</sup> September 13:00 – 14:00	<u>Sexual Health Update for Primary Care</u>

Access our Training Directory [HERE](#) for all Training & Development opportunities.

# UPCOMING EVENTS



GLOUCESTERSHIRE PRIMARY CARE  
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Thursday 11 <sup>th</sup> September 13:00 – 14:00	<u>Lower Limb Virtual education Session – Pre Doppler Red Flags</u>
Tuesday 16 <sup>th</sup> September 12:30 - 13:30	<u>Mainstreaming Lifestyle Medicine through Group Clinics</u>
Thursday 18 <sup>th</sup> September 13:00 – 14:00	<u>Menopause in Primary Care – What you need to know</u>
Thursday 18 <sup>th</sup> September 19:00 – 21:00	<u>Optimising Infection Management</u>
Tuesday 23 <sup>rd</sup> September 13:00 – 14:00	<u>Lower Limb Virtual Education Session – Understanding Chronic Oedema</u>

Access our Training Directory [HERE](#) for all Training & Development opportunities.



# HOLD THE DATE – UPCOMING EVENTS



GLOUCESTERSHIRE PRIMARY CARE  
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## Personalised Care Away Day 2025

Gloucestershire Primary Care Training Hub are excited to share that we will be running an Away Day for Personalised Care Roles working within Primary Care.

This event is for Care Coordinators, Health and Wellbeing Coaches, Social Prescribing Link Workers and other colleagues supporting personalised care within Primary Care. This will be a full-day event and will take place on Tuesday 11th November 2025 at **The Pavilion, Hatherley Lane, Cheltenham GL51 6PN.**

The training hub are really keen to ensure that the agenda for this year's event is shaped and informed by the personalised care roles, if you would like to be involved in the planning of this away day or have any topics you would like covered, please contact [glicb.pcwc@nhs.net](mailto:glicb.pcwc@nhs.net).

**Further information regarding this event coming soon.**

# INTEGRATE NEIGHBOURHOOD TEAM'S – NEW WEBSITE PAGE



GLOUCESTERSHIRE PRIMARY CARE  
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Gloucestershire Primary Care Training Hub have a new page on our website dedicated to information surrounding Neighbourhood Health.

The new page can be accessed [here](#), and includes:

- What are Integrated Neighbourhood Teams (INT's)
- The six core components of Neighbourhood Health
- Explanation of the aims of Neighbourhood Health, including a diagram
- A link to the [“Neighbourhood Health Guidelines 2025/26”](#)
- A link to the [“Fuller Stocktake Report”](#)
- Case Studies and more ...

What are 'integrated neighbourhood teams' in the NHS?

**What are 'integrated neighbourhood teams'?**

**Dr Alex Degan**  
Primary Care Medical Director,  
Devon Integrated Care System

Watch on YouTube

and it goes outside the NHS.

What are 'integrated neighbourhood teams' in the NHS? NHS Whispers Share

# NURSES - ARRS SUMMARY



GLOUCESTERSHIRE PRIMARY CARE  
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**5 LEVELS OF NURSES** can now be employed under ARRS.

There is no cap on the number of General Practice Nurses that can be engaged under the scheme, although there are some varying levels of eligibility criteria depending on the level of Nurse being employed. A breakdown of these five levels can be found below:

**Nursing Associate** – Currently employed under ARRS

**New to general practice nurse** (either newly qualified or new to primary care) – **Cannot** have been previously substantively employed prior to **1st April 2025**

**Experienced general practice nurse** – Must have at least one academic level 6 diploma in a long-term condition. Cannot have been previously substantively employed prior to **1st April 2025**

**Enhanced Nurse** – Currently employed under ARRS

**Consultant Nurse** – Holds a master's degree and working toward a PhD/or equivalent research qualification. **Cannot** have been previously substantively employed prior to **1st April 2025**

**For further information on these roles please contact Sarah Rogers ([sarah.rogers11@nhs.net](mailto:sarah.rogers11@nhs.net))**



# PRECEPTORSHIP PROGRAMME



GLOUCESTERSHIRE PRIMARY CARE  
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**The September 2025 intake is now open !**

**For full information** please contact either **Sarah (sarah.rogers11@nhs.net)** or **Mashel (mashel.banks@nhs.net)**

The Programme is open to all new to primary care Nurses, newly qualified Nurses and Nursing Associates. The programme is mainly virtual taking place online and includes the introduction to Immunisations and vaccinations study days.

Preceptorship is a recognised tool for retention for workforce and helps nurses to feel supported and valued in their first year of employment.

A video containing further information can be found here - [Preceptorship for Registered Nurses and Nursing Associates - Nurse Education - YouTube](#)

# PRACTICE NURSES AND PRIMARY CARE HEALTH STAFF - AUGUST NEWSLETTER & EDUCATION OPPORTUNITIES



GLOUCESTERSHIRE PRIMARY CARE  
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Developed by **Karis Ramsay** – Clinical Learning & Development Lead for Primary Care

## Highlights include;

- National HPV vaccination catch-up campaign
- Measles Outbreaks
- Wound Care Updates and Education
- MSK Video Resources
- Preceptorship General Practice Nurse
- Asthma Resource for Patients
- Practice Nurse Vacancies

To access the Newsletter please click [here](#). To access education opportunities please click [here](#).

# SPARK GP PROGRAMME – SEPTEMBER 2025 COHORT – APPLICATIONS OPEN !



**Are you a newly qualified GP?** We are delighted to announce that Gloucestershire Primary Care Training Hub will be able to provide a further Cohort, for our locally funded GP Fellowship Programme also known as Spark! The next Cohort is scheduled to start in September 2025 and open to GP's working in NHS GP Practices in Gloucestershire, within 12 months of qualifying. **The deadline for applications is Monday 1st September 2025. Applications after this date, may still be considered, if individuals meet eligibility criteria.**

The Spark GP Programme's offer includes funded educational time, including education sessions, peer support and networking, mentoring from experienced trained GPs, and individual project work to develop your interests. The scheme is designed to support you in the transition to life after CCT and enable you to thrive as a new GP.

We have a page on our website dedicated to the Spark GP Programme, containing full details including eligibility and a link to the application form. To access this page please click **here** –

**<https://glosprimarycare.co.uk/uncategorised/the-spark-programme>** Please note GPs under the Additional Roles Reimbursement Scheme (ARRS) can also apply for the Spark programme.

**If you have any questions, we would love to hear from you, you can contact us at [glicb.sparkgp@nhs.net](mailto:glicb.sparkgp@nhs.net)**

# GP PARTNERSHIP FELLOWSHIP AND SUPPORT OFFER 25/26



GLOUCESTERSHIRE PRIMARY CARE  
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**Gloucestershire Primary Care Training Hub are pleased to announce a continuation of the partnership fellowship and support offer for 25/26.**

The offer is being rebranded to 'Be a GP Partner in Gloucestershire'. This offer is available to GPs interested in partnership, new to partnership and for current GP Partners. For more details on this unique scheme, please visit GP Partners page on our website - <https://glosprimarycare.co.uk/gps/gp-partners>

Practices may wish to consider including this scheme in any adverts for GP Partners.

**For any queries, please contact [glicb.pcwc@nhs.net](mailto:glicb.pcwc@nhs.net)**

**The Programme is currently open to Applications - Closing Date for Applications:  
Tuesday 30th September 2025**

# LEADERSHIP APPRENTICESHIP OPPORTUNITIES – LEVEL 3 & 5



**Are you looking to develop your Leadership skills?** Level 3 Team Leader and Level 5 Operational Manager **fully funded** Apprenticeship opportunities are now available, for both Practice and PCN staff through the provider InStep! Deadline for applications: **COP Friday 29th August**

**Both Apprenticeships will offer:** Powerful Masterclasses, Peer-to-Peer Learning, 1:1 Personalised coaching, Flexible Digital Learning Pathways and Formal Accreditation from the Chartered Management Institute (CMI)! **Which Level is right for you?**

## **Team Leader Apprenticeship - Level 3 – Manage with Impact**

Designed for emerging/aspiring Managers who are eager to build leadership skills, manage projects and lead teams effectively. Full information regarding this Apprenticeship including the course format, content and contact details can be found [here](#).

## **Operational Manager – Level 5 – Lead with Impact**

Designed for ambitious leaders ready to step into senior leadership with confidence. Perfect for those already leading teams and aiming to advance further. Full information including the course format, content and contact details can be found [here](#).

**Friday 29th August – Deadline for applications**

Would you like to apply? Please complete the application form which can be accessed [here](#) and send to Anna Vickers - [anna.vickers2@nhs.net](mailto:anna.vickers2@nhs.net), along with confirmation of Line Manager sign off, by COP on Friday 29th August.



# LIFESTYLE MEDICINE WEBINAR



GLOUCESTERSHIRE PRIMARY CARE  
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The Gloucestershire Primary Care Training Hub welcomes any member of staff from across health and care in Gloucestershire to attend this introductory webinar to lifestyle medicine on **4th September 1-2pm**, with the potential for an ongoing community of practice.

Lifestyle medicine compliments traditional medicine by empowering staff to holistically support behaviour change, enhancing the prevention and management of all long term conditions. This is achieved through contemporary evidence-based understanding of the 6 pillars of lifestyle (nutrition, exercise, stress management, sleep, social connection, avoidance of risky substances) and coaching techniques to support patients to commit to behavioural changes.

We are pleased to have a national speaker, Dr Ayan Panja, practising NHS GP and co-founder of Practice Unbound, to give us an overview of Lifestyle Medicine. We will be joined by Dr Helen Makins to talk about her experiences within secondary care and pain management, along with case study examples from colleagues in local practices and PCNs. This will be an interactive and inspiring session with opportunities for questions. **In the session we will also be offering a number of funded lifestyle medicine training places (general practice staff will be prioritised for these funded spaces).**

**To book please visit <https://glosprimarycare.co.uk/lifestyle-medicine-webinar>**

# PRACTICE MANAGERS DEVELOPMENT SESSION



GLOUCESTERSHIRE PRIMARY CARE  
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## Thursday 4th September 2025 - Register Now!

Following feedback from the Practice Managers Training and Development Survey, Gloucestershire Primary Care Training Hub are excited to be offering a **Development Day for Practice Managers**. The session will be running at **The Pavilion, Hatherley Lane, Cheltenham GL51 6PN** on **Thursday 4th September 2025**. The Development Day will include 3 training sessions:

**'Future Proofing You and Your Team'** from the fantastic The Development People, the workshop will focus on:

- What does future proofing your team look like?
- Knowing their worth – what works?
- Alignment vs Autonomy – How to gain a collaborative approach
- Developing a Primary Care Talent Pool
- Revisiting 'Boundaries' – where do you fit into this?

### **Safer Recruitment Training**

Safer Recruitment Training is a requirement of the Primary Care Offer. This bespoke training will equip attendees with the principles of safer recruitment and the safeguarding requirements around these processes.

**Details of the 3rd training session and how to apply can be found on the next page of the Newsletter.**

# CONTINUED ...



GLOUCESTERSHIRE PRIMARY CARE  
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## Equality, Diversity & Inclusion Training

An impactful session to develop attendees' knowledge, understanding and awareness around equality, diversity and inclusion

**The Development Day will be engaging, insightful, and will provide attendees with tools to take away. It also offers the opportunity to connect in with peers, share ideas and best practice.**

This training is for Practice Managers, Deputy Practice Managers and Assistant Practice Managers. Lunch and Refreshments will be provided. There is plenty of free, accessible onsite parking at the venue.

The training hub will be requesting a £25/ attendee contribution towards the training from practices. Unfortunately, funding is limited and there have been issues with non-attendance at previous funded training sessions, we would therefore ask that by registering for this training, there is commitment to ensure attendance.

**To register for this event please click this link**

**<https://glosprimarycare.co.uk/practice-managers-development-day-thursday-4th-september-2025-register-now>**

**Should you have any queries regarding the training please contact [glicb.pcwc@nhs.net](mailto:glicb.pcwc@nhs.net)**

# NB MEDICAL HOT TOPICS WEBINAR



GLOUCESTERSHIRE PRIMARY CARE  
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**Booking now available ! The webinar is suitable for all Clinical Roles.**

**Please note, you are still able to book a place, if you cannot attend the webinar live. Booking a place will allow you to access the Digital Handbook and a recording of the event, that you can watch at a time that is convenient for you.**

**The Primary Care Training Hub are pleased to announce the virtual Hot Topics event will take place on Tuesday 23rd September 2025 9:30am – 13:30pm.** The event will be hosted by NB Medical Education and funded by Gloucestershire ICB. The NB medical handbook will be available as a digital copy with a hard-copy course book available to purchase. This event will be open to all clinicians across general practice, and we welcome multi-disciplinary attendance and will update you on the latest developments in the literature and serve as a platform for CPD to help you to deliver better patient care. The booking is detailed below, along with booking code and noting this is typically a very popular event we would encourage early booking.

**[Bespoke Courses Access Page | NB Medical](#)**

Booking code: **GLOU-2309**

**For further information regarding the Hot Topics event, please see link below and if you have any questions, please contact the Primary Care Training Hub on: [glicb.pcwc@nhs.net](mailto:glicb.pcwc@nhs.net)**

**[NB Medical Hot Topics Information Leaflet](#)**

# IMMUNISATION & VACCINATION TRAINING



GLOUCESTERSHIRE PRIMARY CARE  
TRAINING HUB

**It has been noted that there is currently a demand for Immunisation and Vaccination training. Annual updates can be conveniently completed online using the E-LfH platform provided by NHSE, and the best part is that it's completely free!**

For those who are new to General Practice and haven't undertaken any training yet please consider the General Practice Preceptorship Programme! This program starts on Wednesday 3rd September 2025 and is available for all Registered Nursing Associates and Registered Nurses new to Primary Care. It offers a comprehensive 2-day Immunisation and Vaccination course along with various other training opportunities. Moreover, there are 2-hour online sessions scheduled on certain Wednesday lunchtimes between 12:30 PM and 2:30 PM from September 2025 to March 2026.

**If you are interested or have any questions, please feel free to reach out to **Sarah Rogers** at [Sarah.rogers11@nhs.net](mailto:Sarah.rogers11@nhs.net) or **Mashel Banks** at [Mashel.banks@nhs.net](mailto:Mashel.banks@nhs.net), who are here to help and support you in your training journey.**



## Further resources and information can be found on our **WEBSITE**

The events contained within this newsletter are compiled local, regional and national events. Some of these events are facilitated by our Team and others are run by external providers. While those provided by the NHS subscribe to NHS standards and are Free, many of the privately provided courses are not Free and the ICB and Primary Care Training Hub are not in a position to endorse or verify the quality of those courses but wishes to make this information available for users to make their own choices.

