

NHS

Gloucestershire



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

GLOUCESTERSHIRE PRIMARY CARE TRAINING HUB NEWSLETTER

JANUARY 2026

HAPPY NEW YEAR !



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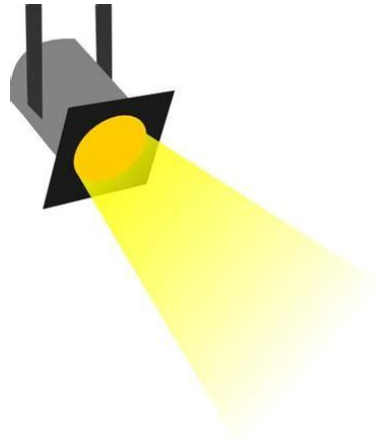
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Take some time to look at the breadth of resources on our [Website](#)

Follow us on our Social Media Channels



We would love to hear from you, contact us here – glicb.pcwc@nhs.net



Spotlighted Events



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

Thursday 12th February 13:00 – 14:00 – Virtual	Improving Care Together Webinar	For full information please click here.
Monday 2nd March In Person	Gloucestershire Enhance Study Day-Hidden Addictions	For full information please click here.

UPCOMING EVENTS



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

Tuesday 27 th January – 13:00 – 14:00	<u>Reviewing, adjusting and tailoring HRT treatment</u>
Tuesday 27 th January - 14:30 – 16:00	<u>EDI Improvement Plan: Two-year review – series of engagement webinars</u>
Thursday 29 th January - 13:00 – 16:00	<u>The Business of General Practice: GP Development – Time Management</u>
Tuesday 3 rd February – 13:00 – 14:00	<u>Unscheduled bleeding on HRT</u>
Wednesday 4 th February – 08:45 – 16:15	<u>Doppler Practical Training – The Group Room Forest of Dean Hospital</u>
Thursday 5 th February – 13:00 – 16:00	<u>The Business of General Practice: Strategy & Change Management</u>
Wednesday 11 th February – 13:00 – 14:00	<u>Genitourinary symptoms of menopause, sexual function and testosterone</u>

Access our Training & Events Calendar [HERE](#) for all Training & Development opportunities.

UPCOMING EVENTS



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

Wednesday 11 th February – 14:30 – 16:00	<u>EDI Improvement Plan: Two-year review – series of engagement events</u>
Thursday 12 th February – 13:00 – 14:00	<u>Improving Care Together: Interface and Guidance Pathways</u>
Wednesday 18 th February – 08:45 – 16:15	<u>Bandaging Practical Training – The Group Room Forest of Dean Hospital</u>
Wednesday 25 th February – 12:30 – 13:30	<u>Masterclass: Neighbourhood Group Clinics</u>
Wednesday 4 th March – 08:45 – 16:15	<u>Doppler Practical Training: The Vale</u>

Access our Training & Events Calendar [HERE](#) for all Training & Development opportunities.

PRACTICE NURSES AND PRIMARY CARE HEALTH STAFF - DECEMBER **NEWSLETTER**



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

Developed by **Karis Ramsay** – Clinical Learning & Development Lead for Primary Care

Highlights include;

- **Wound care and lower limb education**
- **The Business of General Practice Training Sessions**
- **Information about 2026 Preceptorship Programme**
- **Gloucestershire Women's Health Lunch & Learn Sessions**
- **Primary Care Leadership Programme Opportunities**
- **Core Standard and Training Updates**
- **Changes to the Childhood Vaccination Programme & more!**



To access the Newsletter please click [here](#).

GLOUCESTERSHIRE'S ANNUAL GP LOCUM EVENT 2025- *GOOD NEWS STORY*



GLOUCESTERSHIRE PRIMARY CARE
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The Primary Care Training Hub held its Annual GP Locum Event on Tuesday 2nd December at The Pavilion.

The event was well attended with 55 locum GPs in attendance and provided a great opportunity for peer networking, training, and hearing from a range of speakers, service provider and stand holders. **The agenda included BLS & AED training, updates from CPG leads on topics including weight management, diabetes, Asthma and CDC pathway, as well as updates on NHS Talking Therapies and much more.** The event was very well received with excellent feedback provided. **Resources from the day can be found [here](#)**

Do you have a Good News Story that you would like to share with us to be featured in our Newsletter? Is there a project or initiative you or someone on your Team has worked on, or an achievement that deserves to be recognised? If so, we would love to hear from you – **glicb.pcwc@nhs.net**

'THE BUSINESS OF GENERAL PRACTICE' - TRAINING SESSIONS



GLOUCESTERSHIRE PRIMARY CARE
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Gloucestershire Primary Care Training Hub are pleased to be fully funding a series of online workshops entitled 'The Business of General Practice', presented by the PMA. Free to join, the modules will be delivered as interactive web sessions with practical guidance to enable staff to map the techniques and outcomes onto their own practice. **There are still two upcoming webinars detailed below:**

Actions required:

Please apply directly via the link below, or forward to those who may be interested.

- **GP Development- Time Management-** 29th January 2026, 1pm-4pm – Non-GP clinicians can attend.
- **Strategy & Change Management-** 5th February 2026, 1pm-4pm

For agendas, details of the remaining workshops and corresponding booking forms, please click [here](#). If you have any questions regarding the above, please contact the Training Hub via glicb.pcwc@nhs.net

THE WELLBEING LINE IS CLOSING



GLOUCESTERSHIRE PRIMARY CARE
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We want to inform you The Wellbeing Line will close on 31 March 2026. The service was set up in January 2022 to give confidential psychological support to health and care staff across Gloucestershire as part of the national response to support staff wellbeing during and after the COVID-19 pandemic. The team also helped create the Health and Wellbeing Champions Network and the Neurodiversity Community of Practice. The Wellbeing Line is one of the last remaining hubs from the 40 funded nationally during the pandemic. Since April 2023, it has relied on short-term funding, which ends in March 2026. At the same time, the focus has shifted to ensuring wellbeing support is embedded within each organisation's own offer, so staff can access help directly through their employer (see below).

We want to express our sincere thanks to the Wellbeing Line team for their dedication and expertise. Their support has been highly valued by colleagues across the system and has made a real difference to staff wellbeing during challenging times. The resources and ideas developed will help shape future wellbeing support across each of our organisations.

The service will stay open until March 2026, and we will share updates as the closure approaches. If you would like to give feedback or share ideas for future wellbeing support, please email Zack Pandor, ICS Workforce Transformation Programme Manager, at zack.pandor@nhs.net. **Staff wellbeing remains a priority; the next page contains details of the Care First offer available.**

CARE FIRST SUPPORT OFFER



GLOUCESTERSHIRE PRIMARY CARE
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The ICB currently funds access for Primary Care colleagues in Gloucestershire to Care First's Mental Health & Wellbeing range of support offers. This includes;

Emotional Support 24/7, 365 days a year with "in the moment" support (Single Session Therapy) to discuss any work or home related issue confidentially **Telephone; 0800 174 319**

The above **may lead to short-term structured counselling of up to 6 sessions** via telephone, video, or Face to Face, if required

Citizens Advice Bureau Trained Information Specialists – Wide range of issues covered including legal, family matters, and probate.

Care first Lifestyle Website – [Carefirst Lifestyle](#)

Log in details can be found below. To access this service, you must use these details, but please keep confidential and only share if requested with Gloucestershire Primary Care colleagues.

Lifestyle platform login details:

Username: Gloucestershire

Password: GPSTAFF

MANAGE WITH IMPACT – LEVEL 3 APPRENTICESHIP OPPORTUNITY



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Are you a new manager, team leader or looking to move into a management role in a Gloucestershire practice or a PCN? Are you seeking to provide direction and guidance to members of your team? **If your or your team members key responsibilities include supporting, managing and developing team members, managing projects and planning/monitoring workloads**, then a Level 3 'Manage with Impact' fully funded apprenticeship may be right for you. Working in partnership with In Step training provider, this level 3 apprenticeship programme:

- **Provides the opportunity to develop practical techniques** to deliver operational plans, resolve problems and build relationships - giving emerging leaders the skills to guide, motivate, and manage teams effectively, and become inclusive leaders.
- **Is online** (with option for an in-person masterclass) and includes 7 x 121 Coaching sessions.

For more information on the apprenticeship content, please see the In Step webpage [Manage with Impact Level 3 | Instep UK Apprenticeships](#) or the Gloucestershire programme overview [here](#)

LEAD WITH IMPACT – LEVEL 5 APPRENTICESHIP OPPORTUNITY



GLOUCESTERSHIRE PRIMARY CARE
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Are you looking to drive operational excellence and elevate your team's leadership? Are you or your team member a current manager and leader who wants to get the best from every employee? If so, the **fully funded** 'Lead with Impact Level 5 apprenticeship' could provide you or your team members with the opportunity to accelerate your operational managers' leadership performance, empowering them to harness their strengths and drive operational excellence. Working in partnership with In Step training provider, this level 5 apprenticeship programme:

- Supports operations professionals who lead teams who have responsibilities including operational plan creation and delivery, change management, mentoring, resourcing and financial accountability.
- Is online (with option for an in-person masterclass) and includes 10 x 121 Coaching sessions.

For more information on the apprenticeship content, please click see In Step webpage [Lead with Impact Level 5 Apprenticeship | Instep UK](#) or the Gloucestershire programme overview [here](#)

LEVEL 4 PROJECT MANAGEMENT APPRENTICESHIP – PART 1



GLOUCESTERSHIRE PRIMARY CARE
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The first 2026 programme of the Corndel Level 4 Diploma in Project Management is launching, designed to give you practical tools and techniques to manage projects effectively and confidently.

Why choose this programme?

Project management is a critical skill needed within our workplace. By completing this programme, you will:

- **Gain a nationally recognised qualification** in project management
- **Fully Funded:** No cost to you – covered by the Growth & Skills Levy and worth up to **£7000**
- **Flexible Learning:** Remote delivery designed to fit around your work and personal life with a 1-2-1 coach
- **Enhance your knowledge in AI** and how this can support you in managing and delivering projects more **efficiently and effectively**

LEVEL 4 PROJECT MANAGEMENT APPRENTICESHIP – PART 2



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Next Steps

To learn more about the programme and how it can support your development, we encourage you to join one of the upcoming **Insight Sessions**:

- **Session 1: Thursday 12th February 13:00 - 14:00** [Information Session One: Associate Project Management Level 4](#)
- **Session 2: Wednesday 18th February 13:00 - 14:00** [Information Session Two: Associate Project Management Level 4](#)

Please register for the session that works best for you, via the links above of click [here](#).

Even if you can't attend live, register anyway and you'll receive the recording.

This is potentially a fantastic opportunity for your development and one we will support you with!

PRIMARY CARE APPRENTICESHIP AWARDS 2026 – OPENING SOON !



GLOUCESTERSHIRE PRIMARY CARE
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National Apprenticeship Week is taking place in February 2026. **During this week we will be launching the Primary Care Apprenticeship Awards 2026**, a fantastic opportunity to highlight the amazing work being completed by Apprentices across Primary Care.

There will be three different Categories for nominations:

- Non-Clinical Apprentice of the Year
- Clinical Apprentice of the Year
- Apprenticeship Mentor of the Year

Want to find out more about our winners from last year, please click [here](#).

Further details, including how to nominate will be coming soon. For any queries, please contact us at - glicb.pcwc@nhs.net.

GP ASSISTANT – PROGRAMME AND SUPPORT AVAILABLE – PART 1



GLOUCESTERSHIRE PRIMARY CARE
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Would your practice like to continue to reduce the administrative workload of GP's, enhance operational efficiency, and support career development and retention of your workforce?

If so, the GP Assistant (GPA) role continues to demonstrate significant value in general practice including:

- **Reduced GP administrative burden**
- A more streamlined workflow
- **Improved continuity & access**
- Strengthened multi-skilled teams
- **National and recognised skills development for a role within your practice**

Devon Training Hub are now inviting **expressions of interest for what may be the last funded cohort of the GP Assistant Programme.** Practices are encouraged to consider this opportunity to upskill existing staff members who are already bringing value to their teams. **For further details of the GPA Programme, including how to apply please [click here](#).**

What is it like to be a GP Assistant?

To read the case study from Gemma Underwood, GP Assistant working within West Forest of Dean PCN please [click here](#).

GP ASSISTANT – PROGRAMME AND SUPPORT AVAILABLE – PART 2



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

Support available to GPAs from Gloucestershire Primary Care Training Hub (PCTH)

Gloucestershire GP Assistant Peer Group Meetings

The training hub facilitates a peer group meeting quarterly for GP Assistants. The next GP Assistant Peer Group meeting will be taking place on **Wednesday 25th February, 12:30-13:00 via MS Teams**. The group provides the opportunity for colleagues to meet and network with their peers, share anonymised cases, share best practice, hear from speakers, and provide any feedback to the Training Hub and ICB. **If you are interested in joining the GPA Peer Group, please contact glicb.pcwc@nhs.net**

Southwest Regional GP Assistant Community of Practice

Sarah Stapleton from Devon PCTH and Jess Davies from Gloucestershire PCTH are facilitating **GPA community of practice meetings via MS Teams**. These meetings are an excellent opportunity to bring together GPAs working across the region to connect with peers, share best practice, raise any concerns/issues and receive training. **If you wish to join the community of practice, please email glicb.pcwc@nhs.net**

SPARK GP PROGRAMME – MARCH 2026 COHORT



GLOUCESTERSHIRE PRIMARY CARE
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Are you a newly qualified GP? We are delighted to announce that Gloucestershire Primary Care Training Hub will be able to provide a further Cohort, for our locally funded GP Fellowship Programme also known as Spark! **The next Cohort is scheduled to start in March 2025 and open to GP's working in NHS GP Practices in Gloucestershire, within 12 months of qualifying.** The deadline for applications is **Friday 6th March 2026**. Applications after this date, may still be considered, if individuals meet eligibility criteria.

The Spark GP Programme's offer includes funded educational time, including education sessions, peer support and networking, mentoring from experienced trained GPs, and individual project work to develop your interests. The scheme is designed to support you in the transition to life after CCT and enable you to thrive as a new GP.

We have a page on our website dedicated to the Spark GP Programme, containing full details including eligibility and a link to the application form. To access this page please click here -

<https://glosprimarycare.co.uk/uncategorised/the-spark-programme>

Please note GPs under the Additional Roles Reimbursement Scheme (ARRS) can also apply for the Spark programme. **If you have any questions, we would love to hear from you, you can contact us at glicb.sparkgp@nhs.net**

QSIR PRACTITIONER PROGRAMME



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

A five-day programme taking place over 3 months and commencing on **Wednesday 28th January 2026**.
Places are still available.

Why book on this programme?

- Improving outcomes in population health and healthcare
- Tackling inequalities in outcomes, experience and access
- Enhancing productivity and value for money
- Helping the NHS support broader social and economic development

Statement from Gloucestershire's Health and Wellbeing Board in the Joint Forward plan 2025 30"

Quality Improvement draws on a wide variety of evidence-based methods and is about giving the people closest to issues the time, permission, skills and resources they need to innovate.

It involves a systematic and coordinated approach to solving a problem using specific methods and tools with the aim of bringing about a measurable improvement. It encourages an open, curious, and co-operative mindset in practitioners. It requires both technical and relational skills in how we work with others and build effective teams."

If you are interested, please register as soon as possible. Full information can be found on the flyer [here](#).

IMPROVING CARE TOGETHER – TRAINING WEBINAR



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

Improving Care Together: Gloucestershire Primary-Secondary Care Interface and updates to Advice and Guidance pathways.

On **Thursday 12th February, 1-2pm**, there will be a training webinar around the Primary-Secondary Care Interface and Advice and Guidance services aimed at improving patient care and making it easier for primary care clinicians to access specialist advice and for secondary care teams to respond efficiently.

Participants are invited to learn about the local **Gloucestershire Interface Initiatives** including a specific focus on optimising **Advice and Guidance** services. This training is relevant and practical **for both clinicians and administrators/secretaries** involved in sending Advice and Guidance requests from primary care. To attend this session, please complete the registration form **here**.

GLOUCESTERSHIRE ENHANCE STUDY DAY – HIDDEN ADDICTIONS



GLOUCESTERSHIRE PRIMARY CARE
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Taking place on Monday 2nd March 2026 at Sandford Education Centre in Cheltenham.

This free study day is looking at addictions that are often unnoticed:

- There has been a huge rise in recreational use of ketamine and long-term bladder damage in young people.
- **The NHS has recently had to double the number of gambling clinics across the country.**
- More people are becoming addicted to prescription drugs.
- **and then there's social media addiction...**

Can you spot hidden addictions and how can you help? Come along and hear the latest from our psychiatry, psychology, specialist nurse and patient experts.

All welcome

Book a space here: ghn-tr.enhancesw@nhs.net

Tea, coffee and lunch included

6 Internal CPD points available

NATIONAL HPV VACCINATION CATCH-UP CAMPAIGN 2025/26



GLOUCESTERSHIRE PRIMARY CARE
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Reminder: The 2025/26 **GP vaccination campaign** is focused on HPV catch-up for 14-24-year-olds (inclusive). This aims to address declines, reduce variation in uptake and subsequent cancer prevalence.

Practices are asked to:

- **Check all eligible patient immunisation records have been updated following notification of vaccination events**
- Invite those identified as unvaccinated aged 16-24 (inclusive) for vaccination
- Update records for patients who do not respond to invites or attend appointments
- Continue to offer opportunistic vaccination to anyone currently unvaccinated aged 14 or over

This campaign runs until 31 March 2026.

MMR VACCINATIONS FOR PRACTICE STAFF



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

Reminder:

Due to the recent measles outbreaks, GP practices are permitted to administer MMR vaccines to their eligible staff who are registered with another practice under INT (immediately necessary treatment). **This is a time limited arrangement from 1 August 2025 until 31 March 2026. Completing doses must be administered in accordance with the recommended intervals in the Green Book and by 31 March 2026.**

An item of service fee cannot be claimed for MMR vaccines administered to staff registered with another practice. However, indemnity cover will be provided through the Clinical Negligence Scheme for General Practice (CNSGP) and nationally supplied MMR stock can be used. Staff must be strongly encouraged to inform their registered practice that they have received an MMR vaccine, requesting it be included in their medical record. **NHS Resolution will shortly update its website to confirm these temporary arrangements.**

ARTS HEALTH AND WELLBEING CENTRE - WORKSHOPS



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

“The Arts, Health and Wellbeing Centre is a unique, vibrant and welcoming space where community, creativity and research come together to promote social connection and reduce health inequalities” Gloucestershire Stakeholder Group

One Gloucestershire and the University of Gloucestershire are funding a range of half to one day free of charge workshops at the **University of Gloucestershire’s Arts, Health and Wellbeing Centre at Gloucester City Campus GL1 1RP. The Workshops are taking place throughout February and March 2026.**

For full information including topics covered, target audience, date/time and how to register, **please click [here](#).**

ADMIN AWAY DAYS - HOLD THE DATE



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

Following the success of the last 3 years events, the training hub are excited to be running **3 Admin Away Days again this year.** The events will take place on the following dates:

- **Thursday 14th May, 12:00-15:30 at The Pavilion, Hatherley Lane, Cheltenham**
- **Wednesday 3rd June, 12:00-15:30 at Museum in the Park, Stratford Park, Stroud**
- **Wednesday 17th June, 12:00-15:30 at The Speech House, Coleford, Forest of Dean**

Please hold the date in your diaries, further details regarding the agenda and how to register will follow.

WORKING TOGETHER: FORGING POSITIVE PARTNESHIPS EVENT- HOLD THE DATE



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

The training hub and ICB will be holding an event to bring together Social Prescribing Link Workers (SPLW), Mental Health Practitioners (MHP), Mental Health Care Coordinators and those involved in the Locality Community Partnerships to support working together and forging positive partnerships to best support patients. The event will be taking place on **Tuesday 19th May at The Pavilion,** Hatherley Lane, Cheltenham 09:30-12:30.

Please hold the date in your diaries, further information. Including how to register will follow.

SOCIAL PRESCRIBING LINK WORKER (SPLW) CLINICAL SUPERVISION – CASE STUDIES



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

The training hub and ICB would like to share best practice around how Primary Care Networks (PCNs) are providing clinical supervision to their SPLW colleagues.

Our goal is to gather a collection of insightful case studies that we can then share with other PCNs to support and enhance their practices. If you have any exceptional examples or know of any innovative approaches being implemented, **we would love to hear from you, please contact glicb.pcwc@nhs.net.**

Your contributions will be invaluable in helping us build a resource that can benefit many.

DIRECT PATIENT CARE ROLE & PHARMACIST ROLE UNDER ARRS



GLOUCESTERSHIRE PRIMARY CARE
TRAINING HUB

Direct Patient Care role under ARRS

Residual ARRS funding, could be used to enable one or more of your existing ARRS (Additional Roles Reimbursement Scheme) roles to take on additional responsibilities whilst supporting their career development and retention. Alternatively, any remaining PCN funding could be used to support recruitment of an entirely new role (noting PCN DES restrictions), to support your PCN, practice and patient needs.

Gloucestershire ICB have developed a form for completion by PCNs wanting to recruit other 'Direct Patient Care (DPC) roles under ARRS' utilising their existing ARRS funding. Further information including how to submit a form can be accessed [here](#).

Pharmacy Additional Roles Reimbursement Scheme

There is now opportunity to use the Direct Patient Care (DPC) category to support the training and retention of pharmacy staff. Further details can also be found [here](#) and on the following PDFs – [FAQs & Pharmacy ARR Role Opportunities](#).

For queries, please contact NHSE's Pharmacy team on england.wtepharmacy.sw@nhs.net or for Pharmacy or general queries regarding DPC roles under ARRS, please contact the Primary Care team on glicb.pcn@nhs.net

Further resources and information can be found on our **WEBSITE**

The events contained within this newsletter are compiled local, regional and national events. Some of these events are facilitated by our Team and others are run by external providers. While those provided by the NHS subscribe to NHS standards and are Free, many of the privately provided courses are not Free and the ICB and Primary Care Training Hub are not in a position to endorse or verify the quality of those courses but wishes to make this information available for users to make their own choices.

