

NHS Glos.

ICB

Newsletter



lighthouse

The Construction Charity

WELLBEING ACADEMY

For further information please follow the link below!

<https://lighthousecharity.org/wellbeing-academy/>

THE BODY PROJECT.

By way of an introduction, the University of Gloucestershire been running **The Body Project** intervention in collaboration with the Eating Disorders Service for some time. The Body Project was created in 2012 by researchers Stice & Becker who between them have over 30 years of experience running and testing the intervention in education and community settings. It is supported by over 20 years of research and has been delivered in over 136 countries to 6 million+ young women.

The intervention has been shown to improve body image up to three years post intervention in those with both elevated and lower levels of body dissatisfaction and as a result is supported as an intervention to reduce instances of eating disorders. Research also shows improvements in self-esteem, self-compassion, and reduction in perfectionism.

The intervention has received empirical support in more than five independent labs. In 2023, the University of Gloucestershire received funding from One Gloucestershire (NHS) to roll this out to the county's schools and community groups. This funding has now been extended to August 2026. All our trainers, researchers and facilitators hold an enhanced DBS.

THE BODY PROJECT FOR WOMEN OVER 25

We have recently received ethics approval to deliver The Body Project to women over 25. Research supports that women of all ages experience appearance-related pressures and that this has a negative impact on both their physical and mental health, including their diet and nutrition, as well as self-worth and overall wellbeing and quality of life. The Body Project is supported to be effective in this age group. Again, we can facilitate evening delivery.

FACILITATOR TRAINING

As part of our plan for sustainability of The Body Project in the county, we are offering free Facilitator Training to those working with the county's young people or supporting those with body image concerns. This includes educators, healthcare professionals, and community and charitable organisations. The training is for two full days; it is interactive and focuses on practical application and delivery. Following feedback, for organisations or locations who have more than 6 interested in training, we offer an alternative model where we can come to you and deliver over 4 x 3-hour sessions on-site at your location which may be more feasible given demands on staff time. These training courses enable you to deliver the intervention within your own organisation, we also encourage you to join our Facilitator Community of Practice which gives you access to the Body Project materials as they are updated and keeps you abreast of latest research and adaptations. We also offer online support and a regular drop-in session to share experiences and challenges. Taking part in this training will enable you to deliver all versions of The Body Project.

PARENTS AND CARERS

Following feedback from partners, one of our aims for this research round is to produce a resource pack for parents and carers to help them understand how to support those they care for with discussions and challenges around eating and body image. We are currently looking for partners to work with us to design the materials to suit the needs highlighted by the parents and carers. We would therefore be interested in hearing from groups who have parents who may wish to assist us. This would involve attending focus groups to discuss the challenges and prioritise the content, then to review our materials and provide feedback.

THE BODY PROJECT.



Creative Time Together

Thursdays 12-1.30pm

5 weeks £40/30 for adult & child

For families not attending school

Starts Thurs 26th February



This 5-week course is a calm, friendly space for parents/carers and young people to be creative together. Each week we'll explore simple art and craft activities using good-quality materials, in ways that feel different from school and free from pressure. There is no right or wrong way to take part, and nothing needs to be finished or judged.

The focus is on gently getting out of the house and spending time together. Discover how creative time can feel calming, enjoyable as you build confidence through making things side by side.

Our subsidised prices cover materials and refreshments for both of you.

Quarry Chapel The Quarry Cam GL11 6JB

For more info/book www.quarrychapel.org.uk

WALKING RUGBY

SAUCES
C. ATKINSON

ALLSTONE

15

SAUCES
BELLAMY

ALLSTONE

1

EVERY THURSDAY

BEGINNING 12 FEBRUARY 2026 | BLACKBRIDGE SPORTS CENTRE
LABURNUM RD, GLOUCESTER, GL1 5PG



PRESSURE
YOU CAN CONTROL

NHS
GLOUCESTERSHIRE

1:30pm- 2pm Blood
Pressure Check

2pm- 3pm Walking
Rugby

3pm- 3:30pm Tea &
Coffee

Free to attend
No booking required.

Conservation
work?

Camping
trips?

Cooking?

creative
sustainability

Animals?

**16-25 YEAR OLDS MEETING
ONCE A WEEK IN DIFFERENT
LOCATIONS**

Camp
fire?

Time in
nature?

**HELP TO DECIDE AND PLAN
WHICH ACTIVITIES WE
CAN DO TOGETHER**

Star
gazing?

Planting &
growing
food?

**ALL ACTIVITIES FULLY FUNDED
AND TRANSPORT PROVIDED**

Climbing?



For details please email:
ros@cscic.org

OUTDOOR PROJECT
WITH YOUNG PEOPLE IN
THE NORTH COTSWOLDS



Upcoming Events

Winter

2026

JAN
15

Welcome Group

Join us for lunch together at midday and the Welcome Group meeting; a chance to share news and talk about wants & needs.

JAN
20

Two Can Trip - Welcome Group

Join Helen & Pablo, catching the bus to Two Can in Eastington and sharing how we run Welcome Group!

JAN
27

Winter Wander - Stratford Park

Walk to Stratford Park for a chilled look at what's happening in nature. Feed the ducks? Hot Chocolate?

FEB
1

Cotswold Wildlife Park

A fun day out to Cotswold Wildlife Park to have a look at the animals and baby rhinos! *(Booking required)*

FEB
5

Welcome Group

Join us for lunch together at midday and the Welcome Group meeting; a chance to share news and talk about wants & needs.

FEB
24

Woodchester Park

Travel together and walk around the woods and lake! Snacks and a hot drink in the cafe? Table Tennis? *(Booking required)*

FEB - MAR
27-1

Residential Weekend - St Briavels

Action-packed residential weekend, staying in an 800 year old castle with lots of adventurous activities! *(Booking required)*

MAR
5

Welcome Group

Join us for lunch together at midday and the Welcome Group meeting; a chance to share news and talk about wants & needs.



EVENT SCHEDULE

WINTER 2026

1

FEB
10AM-
4PM

COTSWOLD WILDLIFE PARK

A fun day out to Cotswold Wildlife Park to have a look at the animals and baby rhinos! *(Booking required)*

27-1

FEB-
MAR

ST BRIAVELS RESIDENTIAL

Action-packed residential weekend, staying in an 800 year old castle with lots of adventurous activities! *(Booking required)*

18

MAR
2-5PM

COTSWOLD FARM PARK

Join us at the Cotswold Farm Park to learn about and watch the live lambing. *(Booking required)*

31

MAR

WESTONBIRT ARBORETUM

Travel to Westonbirt together for an afternoon in the Arboretum, noticing the signs on Spring. Picnic? Hot drink? *(Booking required)*

ros@cscic.org



07452 719987

North Cotswolds Outdoor Short Breaks Project

This North Cotswolds outdoor short breaks project is for 16–25-year-olds who may feel marginalised due to physical and/or mental disabilities, including those using wheelchairs, having access needs, struggling with neurodiversity, anxiety or school-phobia. It is for young people whose mental health or physical wellbeing will benefit from a regular weekly afternoon in the outdoors across the spring, summer and autumn. There is also the possibility of taking part in camps away with other young people who have issues they find disabling. The emphasis is on restorative time in the outdoors with peers. The project is highly inclusive and fully funded by Gloucestershire County Council: transport costs are included. It will be co-produced with young people.

As Outdoor Activities Leads, we all have enhanced DBS, outdoor first aid and also years of experience of working / camping with young people in the outdoors. At least one of our team holds Level 3 Forest School leader training and another is completing her training across this winter. We have training in outdoor cooking hygiene and nature connectedness. We will provide RAs and CS has public liability insurance of £5 million.

We are expecting this project to achieve a strong up-tick in mental wellbeing for our participants, significantly alleviate isolation, allow the formation of youth communities around outdoor interests and provide carer breaks for those looking after the young people we support.

We are hoping to meet at each of our four locations once a month across the eight months of the spring, summer and autumn, March - October. Participant numbers are likely to remain in any one week in single figures and the ratio of participants to adults in terms of supervision will be very high to meet the potential complex needs of the group and ensure access for all. We have access to at least one Mountain Trike and potentially two, through CNL and the National Trust. Here are the details of our early first sessions:

Sessions for North Cotswolds Outdoor Project

We hope to add a walk and forage on the National Trust's Sherborne Estate and some time on Cleeve Common in the coming weeks



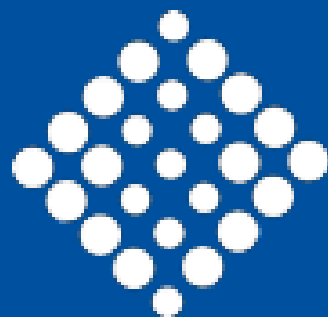
These are **examples** of sessions we have already delivered:

Saturday 25th Oct, 10am-1pm

Explore Sarsden Glebe, Churchill (OX7 6PH): woodlands, parkland, the walled garden, the stone circle on the hill, the stream, pond and sheep wash. A chance to try out waders for those who wish. Make an outdoor meal around the fire. Co-produce activities for upcoming monthly sessions from a wide list of possibilities.

Wednesday 5th Nov, 2pm-5pm

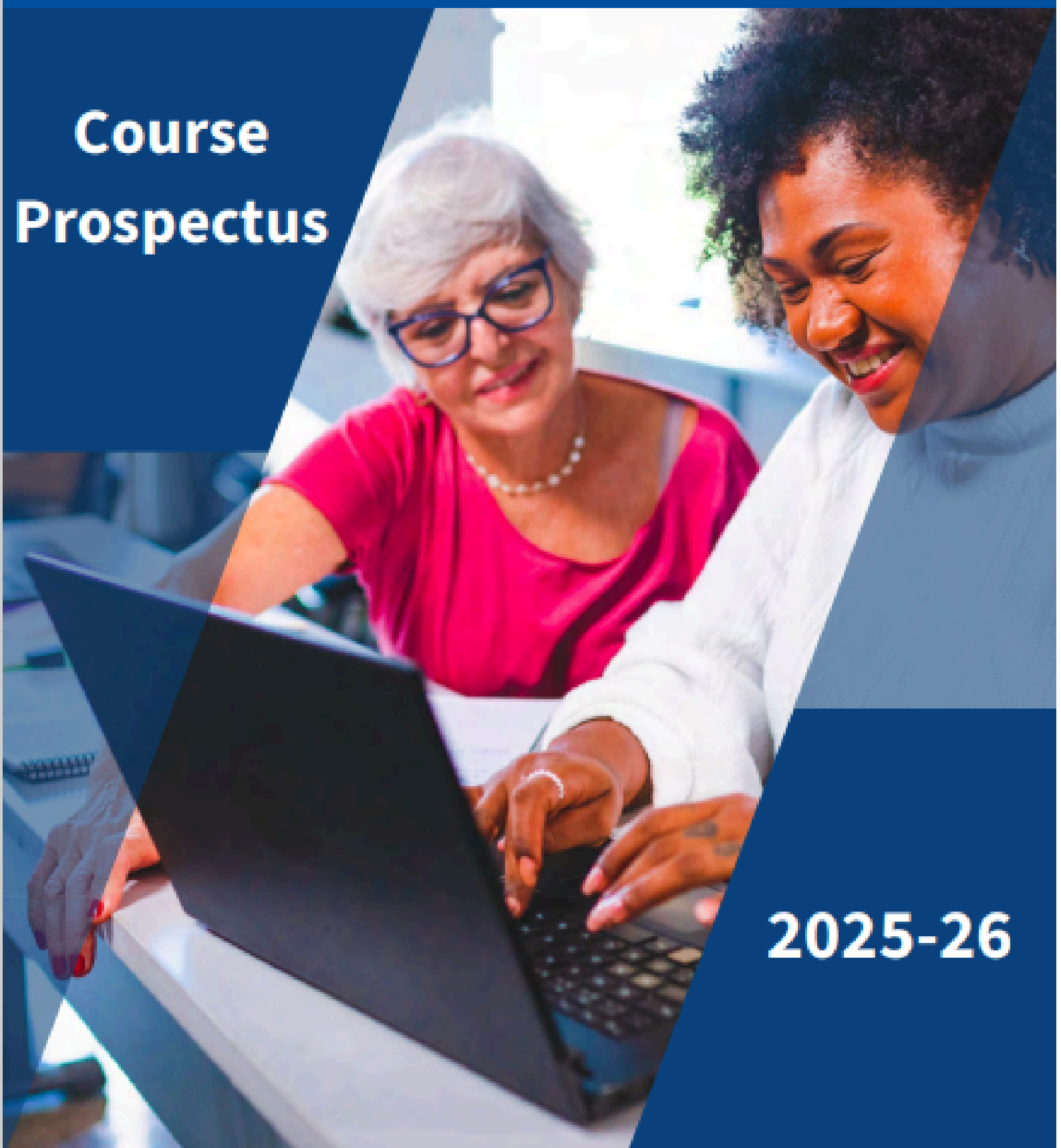
Meet at Greystones Farm Reserve, Bourton-on-the-Water (GL54 2EN) in the roundhouse for time around the fire on bonfire afternoon. Iron Age cooking and fire-lighting could be a possibility. Soak in the atmosphere and enjoy the wall art. A chance to explore the reserve and work out plans for future weeks. Some conservation work on restoring/digging the bull pen if you wish. Meet the calves and see the dairy cows being milked by the 'freedom milker', a computerised robot, on this organic farm.



Adult Education in Gloucestershire

Your Essential Guide to Adult Learning

**Course
Prospectus**



2025-26

Learning For You

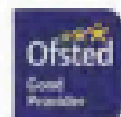
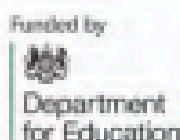
Adult Education in Gloucestershire provides inclusive, high-quality learning opportunities that empower individuals to achieve personal, academic and professional goals.

Our programmes are designed to support lifelong learning, build confidence, and promote wellbeing – whether you are returning to education, developing new skills or navigating changes in life or work.

We work in close partnership with local councils, the NHS, and community organisations to ensure our curriculum is relevant, accessible and responsive to the needs of our communities. From essential skills and employability to creative and wellbeing-focused courses, we help learners unlock their potential and thrive.

We aim to remove barriers and empower adult learners by providing flexible, inclusive and supportive pathways to education, employment and personal growth. Our objectives are to:

- Promote social mobility by targeting disadvantaged and underrepresented groups.
- Enhance employability through practical, accredited training and essential skills in English, Maths, ESOL and Digital Literacy.
- Support health and wellbeing by offering learning that fosters mental health, reduces isolation and builds community.
- Align with economic needs by developing vocational routes in priority sectors in collaboration with employers and local authorities.
- Foster confidence and engagement through inclusive learning environments that encourage community participation.



Start Your Journey

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Funding Your Courses

The majority of our courses are funded via the Department for Education (DfE)'s Adult Skills Funding, which means that most courses may be of **no cost to you based on eligibility**. The criteria to be **fully funded for our courses** are as follows:

You must be aged 19 or over on 31 August 2025 and reside in England on the first day of learning.



For some courses, you must be earning below £25,750 per year if you are employed or claiming benefits e.g. UC, ESA, or JSA.



Your prior learning and qualifications may also impact on whether you are fully funded for your course.



Some courses have a legal entitlement, meaning you may be fully funded for the course if you don't meet the income criteria.



If you are not eligible, you may still be able to participate in learning with us for a small fee.



Criteria may vary depending on your course. Contact our Team for more information on funding and eligibility.

Our Core Principles

Our Adult Education strategy is built around the principles of LEARN.

Lifelong Learning

Promote accessible, flexible learning opportunities for all adults, regardless of background or starting point.

Empowerment

Build confidence, independence and resilience through learner-centered programmes that support personal and professional growth.

Accessibility

Ensure inclusive provision for learners with additional needs, rural communities and those facing social or economic barriers.

Relevance

Align curriculum with local labour market needs, well-being priorities and real-life skills to support meaningful progression.

Networks

Strengthen collaborative partnerships with councils, employers and community organisations to enhance impact and reach.

Essential Skills

Foundations for Success

Essential Skills are core competencies that support learners to achieve their full potential—in education, the workplace and in life. At the heart of our Essential Skills offer are:

Never 2 Late 2 Learn - A programme designed for individuals who may struggle with Literacy and Numeracy.

Functional Skills Maths and English – Qualifications that help learners to develop confidence and capability in everyday numeracy and literacy.

ESOL (English for Speakers of Other Languages) – These classes provide support to learners whose first language isn't English helping them improve communication, skills for life, learning and work.

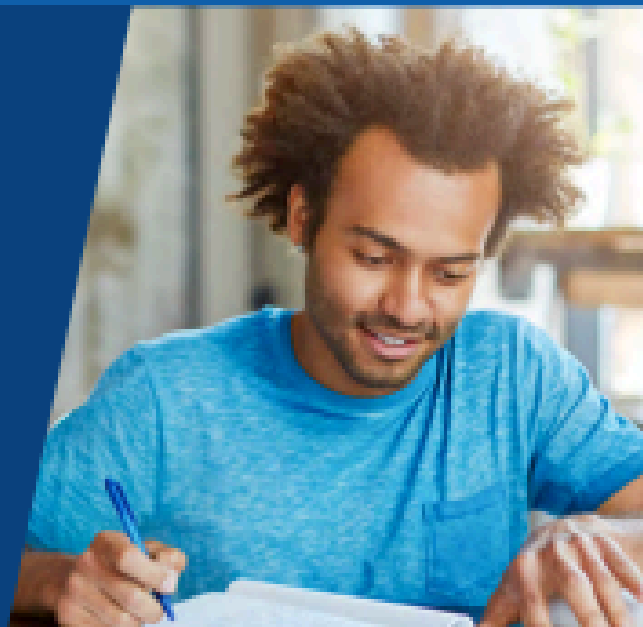
These skills are embedded throughout our programmes to ensure every learner is supported to succeed, regardless of their starting point.

100%

of learners applied what they learnt to their personal or professional life.

(Learner Survey)

Essential Skills





Functional Skills

Our Functional Skills offer provides an online, distance or classroom-based delivery model, ensuring the flexibility to improve your Maths and English capability. Our courses help you to operate and progress confidently, effectively and independently in everyday life and work. All levels require exams to be successfully passed to achieve the qualifications.

Our Functional Skills are taught in a supportive environment, with real-world relevance and personalised learning to help every learner succeed—regardless of their starting point.

Entry Level 1-3

Designed for learners who are just beginning their journey, the levels focus on building basic understanding and confidence with emphasis on practical, everyday tasks such as reading signs and counting money.

Level 1

Develops more structured skills for work and life, it encourages independent problem-solving and communication and is suitable for learners preparing for employment or further study.

Level 2

Equivalent to a GCSE Grade 4 (C), it is recognised by employers and education providers and prepares learners for higher-level qualifications, apprenticeships and career progression.

Scan the QR code or visit our website for more information:
<https://www.gloucestershire.gov.uk/aeig/courses/functional-skills>





Never 2 Late 2 Learn

Never 2 Late 2 Learn is a programme designed for individuals who may struggle with Literacy and Numeracy.

Basic Maths

Within the basic Maths sessions, learners will start the learning process usually by participating in cookery, where the silent learning begins with learning how to weigh ingredients, timings, the amount of ingredients and time for preparation and confidence is starting to build.

Basic English

Literacy also starts from the cookery sessions where learners will learn through reading basic recipes and ingredients, learning to sound out the words, and to be able to spell them through completing spelling tests at the end of each session of key words.

Advanced Courses

Once learners complete the basic classes, they will progress onto the advanced courses. The aim of these courses is to help the learners get to a level that they are able to progress to Functional Skills sessions and eventually sit their exam.

Scan the QR code or visit our website for more information:
<https://www.gloucestershire.gov.uk/aeig/courses/never-2-late-2-learn/>





ESOL

ESOL courses are delivered in a supportive and inclusive environment, tailored to individual needs and learning goals. They help learners become more confident, capable, and connected in their personal and professional lives. Our ESOL courses include:

Beginners English

Beginners English – this course is designed for learners who speak little to no English and progresses to those that can use some English. These courses are ideal for those that want to progress to more formal skills.

Entry Level 1 to 3

Focuses on basic communication for everyday situations, building vocabulary and understanding of simple grammar and developing confidence in speaking and listening in familiar settings, it supports learners with reading signs, forms, and short texts.

Level 1

Strengthens independent use of English in a range of contexts, encouraging more complex reading and writing tasks and prepares learners for further study, work, and integration into the community. It is recognised as a stepping stone to Functional Skills or vocational qualifications.

Scan the QR code or visit our website for more information:
<https://www.gloucestershire.gov.uk/aeig/courses/esol/>



Future Skills

Boost Your Future

We deliver a variety of Future Skills courses aimed at preparing learners for the evolving demands of the modern workplace and society.

These include Digital Skills courses, which help learners build confidence using technology for work, communication, and everyday tasks.

Our Green Skills programmes focus on sustainability, environmental awareness, and practical actions to support greener living and working.

We also offer Employment Skills courses that support job readiness, including CV writing, interview techniques, and workplace behaviours.

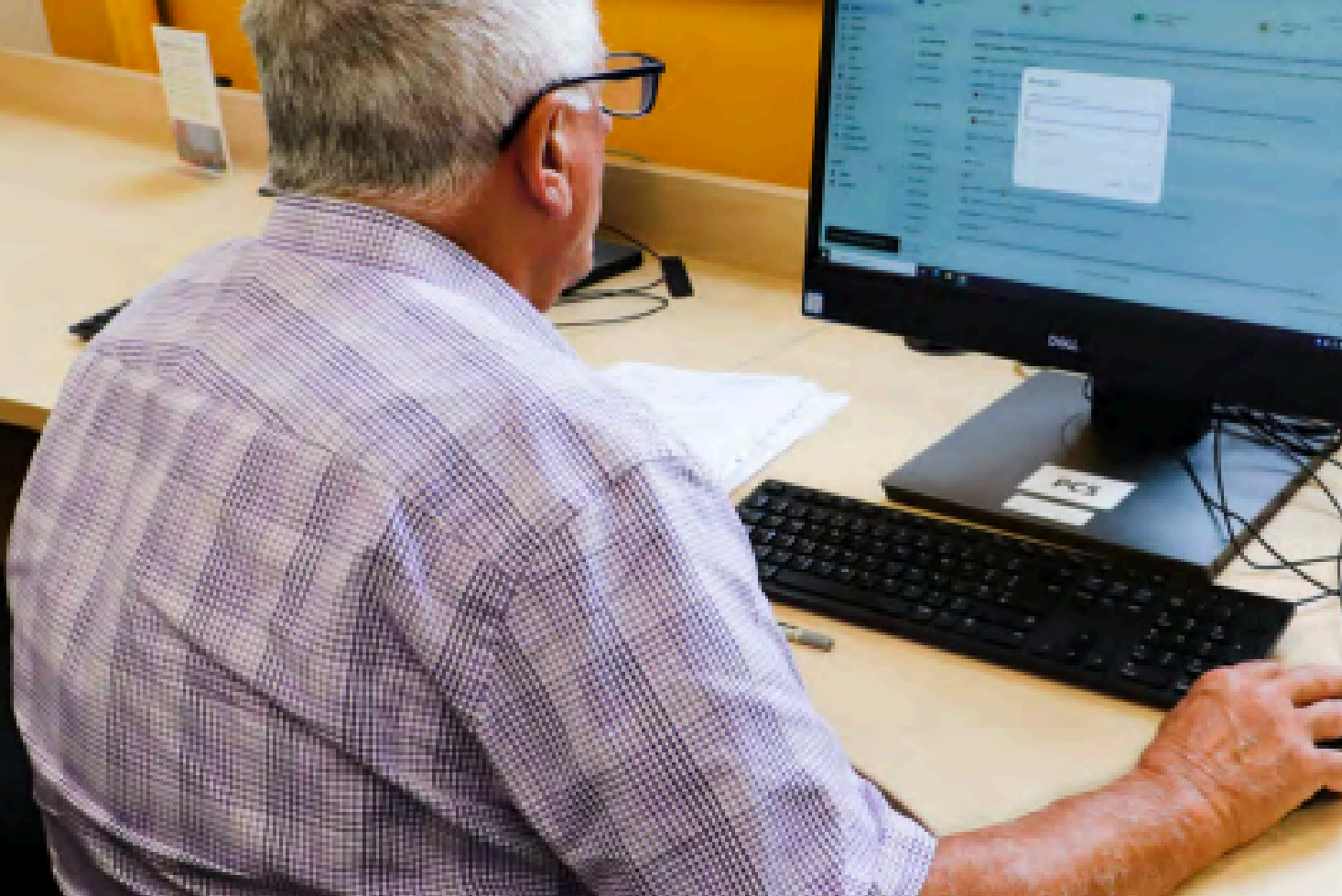
These courses are designed to empower learners with the knowledge and tools needed to thrive in a changing world.

91%

of learners became more aware of how to improve skills for work and life.

(Learner survey)





Future Digital Skills

Digital Skills enable learners to develop skills within an ever evolving technological world. Our courses include:

Computer Basics

A course for people with little to no confidence with technology, helping you to become confident with keyboards, mouse, getting online, using email, online safety and spreadsheets.

Computer Basics for ESOL

A course offering ESOL support whilst learning the basics of computer skills.

Microsoft Office for Work

An introduction to Microsoft 365, including Word, Excel, Teams, OneDrive and Outlook, progressing to doing more with Microsoft Office applications.

Introduction to Smartphones/Tablets

Learn how to navigate around your device, connect to wi-fi, online safety, email, internet and understanding your apps in small, friendly classes .

Scan the QR code or visit our website for more information:
<https://www.gloucestershire.gov.uk/aeig/courses/digital-skills/>



EMPLOYABILITY



Employability and Education

Whether you're looking to re-enter the workforce, change careers, or build confidence in your skills, our courses are designed to support your journey.

Employability Skills

A series of short workshops supporting you in CV writing, confidence building, interview skills, Goal setting, time management, growing connections and building confidence to work.

Introduction to Volunteering

A course on how to volunteer, linking with Gloucester Cathedral and Employment and Skills Hub.

Connect to Catering

A six-week course to learn the basic principles of hospitality and catering including the purchasing and storing of food, knife skills, temperature control, kitchen hygiene and more.

Education and Training Qualifications

Whether you're new to teaching or looking to advance your skills, our Education and Training qualifications at Level 3 and Level 4 provide a solid foundation for working in further education, adult learning, and workplace training.

Level 3 is ideal for those starting out or delivering training in a limited capacity. **Level 4** builds on this with deeper knowledge of planning, delivering, and assessing inclusive learning.

Scan the QR code or visit our website for more information:
<https://www.gloucestershire.gov.uk/aeig/courses/employability/>





Digital Functional Skills

Digital Functional Skills are designed to equip learners with the essential digital knowledge and confidence needed to thrive in modern life, learning, and work. These practical qualifications focus on real-world applications of technology, helping learners to:

- Navigate digital devices and platforms confidently and safely
- Communicate effectively online, including email, video calls, and collaborative tools
- Manage digital information, such as searching, storing, and sharing files securely
- Understand online safety and digital wellbeing, including privacy, cyber security, and responsible use
- Use digital tools for everyday tasks, such as online banking, shopping, and accessing services.

Whether learners are new to digital technology or looking to build on existing skills, Digital Functional Skills provide a supportive and accessible pathway to becoming digitally literate and independent.

Scan the QR code or visit our website for more information:
<https://www.gloucestershire.gov.uk/aeig/courses/digital-skills/>





Green Skills

In a world facing environmental challenges, green skills are more important than ever. Our Green Skills courses are designed to equip adult learners with the knowledge and practical abilities needed to thrive in a low-carbon, sustainable economy. Whether you're looking to change careers, upgrade your current skills or contribute to a greener future our courses cover essential topics to help you on your journey.

Introductory Courses

Take the first steps towards a more sustainable lifestyle with our practical and inspiring green skills workshops. These short courses are designed to help you reduce waste, save money, and make a positive impact on the planet. Courses include topics on Green Skills awareness and reducing waste in cooking.

Intermediate Courses

Take your sustainability journey further with our hands-on, practical courses designed to help you live greener, save money, and make a real impact. Our courses include sustainability for your home and garden, organic gardening and re-purposing everyday objects into useful items.

Scan the QR code or visit our website for more information:
<https://www.gloucestershire.gov.uk/aeig/courses/green-skills/>





First Aid

Gain essential life-saving skills with our accredited Level 3 Awards in Emergency First Aid at Work and Paediatric First Aid.

These practical, hands-on qualifications are ideal for individuals working in a range of settings—from offices and warehouses to schools and childcare environments.

Delivered by experienced trainers, these courses combine theory with real-world scenarios to ensure learners are prepared to act when it matters most.

Emergency First Aid at Work

Emergency First Aid at Work equips learners to respond confidently to workplace incidents, covering CPR, bleeding, shock, and more.

Paediatric First Aid

Paediatric First Aid focuses on emergency care for infants and children, meeting EYFS and Ofsted requirements.

Scan the QR code or visit our website for more information:
<https://www.gloucestershire.gov.uk/aeig/courses/first-aid/>



Health & Wellbeing

Improve Wellbeing

We provide a wide range of Health and Wellbeing courses designed to support learners in improving their physical, emotional, and social wellbeing.

Our courses include:

- Mental Health courses that offer strategies for managing stress, anxiety, and emotional resilience.
- Family Learning programmes that encourage positive engagement between parents and children.
- Neurodiversity awareness sessions that promote understanding and inclusion.

We also offer First Aid training for practical emergency response skills, and engagement courses that help learners build confidence, connect with others, and take the first steps back into learning in a supportive environment.

99%

of learners learnt something new on their course with Adult Education.

(Learner survey)





Cookery

Gain hands-on experience and develop new skills for day to day life with our cookery courses. Learn how to build healthy habits, meal planning and reduce waste and save money.

Family Cooking

An opportunity for adults and children to learn how to cook from scratch. The workshop includes basic kitchen safety, measuring, weighing, mixing and using knives with care. You will make a meal together that you can take home.

Bake Your Way to Wellbeing

A unique hands-on experience where baking becomes more than just a skill – it's a way to nourish the soul. You'll learn therapeutic benefits, creative expression, hands-on experience, relaxation focus and wellness tips.

Eat Well, Feel Well

A three week course that helps you discover how to fuel your body to support both physical and mental well-being. Learn how to build healthy habits, improve digestion, nutrition basics, meal planning and more.

Zero Waste Cooking

Looks at how we can reduce food waste and save money. It's designed to provide inspiration on how to re-purpose ingredients to produce tasty food.



Wellbeing

Discover our range of wellbeing courses designed to offer practical tools and knowledge to support a balance, healthier lifestyle.

Gardening for Wellbeing

Working together to prepare, plant and develop a garden and the possibility to volunteer.

Introduction to Ayurveda

A four-week course to learn about one of the world's oldest holistic (whole-body) healing systems, used by people in India for more than 5000 years. Working on the balance between mind, body and spirit.

Using Crystals for Health & Wellbeing

A four-week course to explore how crystals are used to help heal mind, body and spirit. You will learn how to begin using crystals, what to look for in crystals and the meaning of each, the various ways of healing and how to incorporate this in daily life.

Scan the QR code or visit our website for more information:
<https://www.gloucestershire.gov.uk/aeig/courses/health-wellbeing/>





Family Learning

Where children and parents can come together to interact and build on skills. Our courses include:

- Family first aid
- Healthy eating on a budget
- Money saving tips
- Maths & English including family creative writing workshops
- Mindfulness and mental wellbeing sessions including family keep calm with lavender and clay workshops
- Children's mental health
- Behaviour management.

Neurodiversity

We offer a range of courses on neurodiversity, including 2.5 hour introductions to :

- Understanding neurodivergence
- Understanding Autism Spectrum Condition
- Understanding ADHD and Tourette's
- Understanding dyslexia, dyscalculia, dyspraxia and dysgraphia
- Understanding a neurodivergent child.

Scan the QR code or visit our website for more information:
<https://www.gloucestershire.gov.uk/aeig/courses/family-learning/>



Apprenticeships

Earn While You Learn

Apprenticeships offer a unique opportunity to gain practical skills, earn a wage and achieve a nationally recognised qualification, all at the same time. With over 500 approved apprenticeship standards available, there's a pathway for every sector and career stage.

Whether you're starting out as an apprentice in an entry-level role or looking to advance your professional development with practical application, apprenticeships combine on-the-job experience with structured training designed to build the Knowledge, Skills, and Behaviours (KSBs) employers value most.

Apprenticeships give employers the opportunity to nurture talent from within, strengthen team capability, and drive organisational growth for the future.

If you're an employer looking to take on an apprentice, get in touch with our team at adedapps@gloucestershire.gov.uk for support.

100%

of Apprentices achieved a Distinction or a pass on their Apprenticeship.

(2024/25 Academic Year)





Early Years and Education

Develop the knowledge and skills to support children's learning, development and wellbeing in early years and school settings.

Early Years Practitioner (Level 2)

Designed for those beginning their career in childcare and early education. It provides the essential knowledge and practical skills needed to support the development, learning, and care of children from birth to 5 years, with an understanding of children up to age 7.

Early Years Educator (Level 3)

Prepares learners to work with children from birth to 5 years and gain knowledge of children up to age 7. It is ideal for those looking to take on a more active and responsible role in early years settings such as nurseries, pre-schools and reception classes.

Early Years Lead Practitioner (Level 5)

Designed for experienced professionals who are ready to take on leadership roles within early years settings. It focuses on developing advanced skills in pedagogy, leadership and professional practice to drive quality and innovation in early childhood education.

Teaching Assistant (Level 3)

Designed for individuals working—or aspiring to work—in primary, secondary, or special schools. It equips learners with the skills and knowledge to support teaching and learning effectively, helping pupils reach their full potential.



Business and Leadership

Gain essential business, leadership, and management skills to drive performance and lead teams effectively through an Apprenticeship training programme.

Business Administrator (Level 3)

Provides learners with the essential skills and knowledge to thrive in a wide range of business environments. It is ideal for those working in administrative roles across sectors such as finance, education, healthcare, and retail.

Team Leader/Supervisor (Level 3)

Designed for individuals in first-line management roles, responsible for supporting, guiding, and motivating a team to achieve defined goals. It's ideal for those working across sectors who are ready to step into leadership or enhance their existing management skills.

Operations/Departmental Manager (Level 5)

Designed for professionals who manage teams, projects and are responsible for achieving operational goals within their organisation. It's ideal for those in middle management roles across sectors such as business, retail, education, healthcare, and public services.

Customer Service Practitioner (Level 2)

Ideal for individuals in customer-facing roles across sectors such as retail, hospitality, finance, and public services. It focuses on delivering high-quality customer experiences and building strong relationships.

Customer Service Specialist (Level 3)

Builds on core skills and focuses on complex customer interactions and continuous service improvement.



Adult Care

Prepare to deliver compassionate, person-centred care and support in health and social care environments.

Adult Care Worker (Level 2)

Ideal for those starting a career in health and social care, supporting adults with diverse needs in a variety of settings including residential, domiciliary and day centres. Learners will develop the skills to provide compassionate, person-centred care that promotes independence and wellbeing.

Lead Adult Care Worker (Level 3)

Designed for experienced care professionals, this qualification prepares learners to take on more responsibility in leading care delivery and supporting colleagues. It's suitable for those working in supervisory roles or aspiring to become senior care workers.

Scan the QR code or visit our website for more information:
<https://www.gloucestershire.gov.uk/aeig/apprenticeships/>



Vocational Learning

Distance Learning

Online distance learning is a flexible way to enhance your knowledge and skill set by giving you the ability to learn at your own pace to gain an accredited qualification.

Whether you're starting your career, advancing in your current role, or exploring new interests, our programs provide the skills and knowledge to help you reach your full potential.

Our qualifications are fully flexible and delivered via our online learning platform. With recommended duration periods from 12 to 20 weeks, you will be required to make your way through the learning materials before completing the unit assessment questions which you will submit to your allocated tutor for assessment.

Upon completion of the qualification you will receive a fully accredited e-certificate.

Enrol anytime and start your journey today!

Scan the QR code or visit our website for more information:
<https://www.gloucestershire.gov.uk/aeig/courses/distance-learning/>





Vocational Diplomas

Our vocational diplomas are designed for those already working or volunteering and looking to grow professionally.

Each programme is tailored to sectors where skilled staff are in high demand, helping you deepen your knowledge, strengthen practical skills, and gain formal recognition. Learning is hands-on and focused on applying new skills directly in your role.

You'll be supported throughout by experienced Trainer Assessors who offer personalised guidance, expert feedback, and flexible learning that fits around you.

Whether you're aiming to progress your career, prepare for new opportunities, or enhance your impact, we're here to help you succeed.

Our diplomas include:

- Level 2 Diploma for Early Years Practitioners
- Level 3 Occupational Diploma for Early Years Educators
- Level 3 Occupational Diploma for Teaching Assistants
- Level 2 Diploma in Adult Care
- Level 3 Diploma in Adult Care

Scan the QR code or visit our website for more information:
<https://www.gloucestershire.gov.uk/aeig/courses/vocational-learning/>



Our Partners

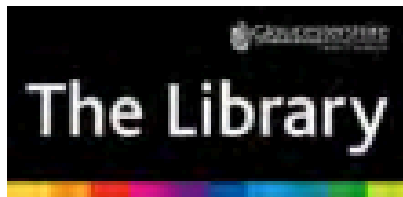
Adult Education in Gloucestershire is proud to work with the following partners, employers and organisations across the county and the UK.



the nationwide
community
learning
partnership



ARTSPACE
CINDERFORD



caterlink
feeding the imagination



GLoucestershire
EMPLOYMENT
AND SKILLS **HUB**

sevenside
skills



GLoucester
CATHEDRAL

Contact Us

- 📞 **Phone:** 01452 583800
- ✉️ **Email:** learn@gloucestershire.gov.uk
- 🌐 **Website:** gloucestershire.gov.uk/aeig

Address:

Adult Education in Gloucestershire
4-6 Commercial Road
Gloucester
GL1 2EA

Our centre is located in the heart of Gloucester, just a short walk from the historic docks and city centre.

Parking

Please note that there is no on-site parking available at our centre. Public car parks are located nearby, including Gloucester Docks Car Park and Longsmith Street Car Park.

Public Transport

By Train: Gloucester Railway Station is approximately a 10-minute walk from our centre.

By Bus: Several local bus routes stop near Commercial Road. The closest stops are within a short walking distance.




For further directions, search our address on Google Maps or your preferred navigation app.



Never Miss a Learning Opportunity

Scan the QR code to join our mailing list or follow us on social media:



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-  Employmentskillsglos
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