

# NEWSLETTER

## February

### 2026

**nmc**  
Nursing &  
Midwifery  
Council



### Reminder

When does your NMC pin expire?

Are all your contact and banking details correct?

Click [here](#) to check all your details now



## Cervical screening: programme and colposcopy management

Guidelines for commissioners, screening providers and programme managers for NHS cervical screening.

Click [here](#) for the most up to date guidance for cervical screening and colposcopy management.



## National HPV vaccination catch-up campaign for 2025/26

The 2025/26 GP vaccination campaign is focused on HPV catch-up for 14-24-year-olds (inclusive). This aims to address declines, reduce variation in uptake and subsequent cancer prevalence.

Practices are asked to:

- Check all eligible patient immunisation records have been updated following notification of vaccination events
  - Invite those identified as unvaccinated aged 16-24 (inclusive) for vaccination
  - Update records for patients who do not respond to invites or attend appointments
- Continue to offer opportunistic vaccination to anyone currently unvaccinated aged 14 or over

This campaign runs until 31 March 2026.



## RCN Webinars – click on topic to attend

16 April 2026, 1 - 2pm – Men's and women's health

16 July 2026, 1 - 2pm – Students and placements

15 October 2026, 1 - 2pm – Public health



Opportunity to join the Free National Association of Primary Care  
<https://napc.co.uk/napc-membership/>



# GPN Study Day



Wednesday 18th MARCH 2026

10:00am	Arrival & registration
10:10am	Welcome & Introductions
10:15-10:45am	<b>Lower Limb Education for General Practice (a brief overview)</b> Speaker: Sophie Belson Professional Lead for Tissue Viability and Complex Leg Wound Service
10:45-11:30am	<b>ProActive Registry Management (PARM)-Lilly</b> Speaker: Lorraine Avery & Sandy Robson
11:30am-12pm	<b>Future of General Practice- Primary Care Training Hub with Q&amp;A session</b> Speaker: Kate Usher Head of Primary Care Workforce Development
12:00- 1:00pm	Lunch & Networking
1:00-2:00pm	<b>Selecting the Right Dressing for the Right Wound</b> Speaker: Jo-Anna Grove Clinical Specialist
2:00-3:00pm	<b>Women's health afternoon surgery (interactive)</b> Speaker: Dr Laura Patterson GP, Educator & Faculty Registered Trainer FSRH
3:00-4:00pm	<b>Sexual Health Update for Primary Care</b> Speaker: Dr Indrajith Karunaratne Consultant in Genitourinary Medicine/Medical Lead Hope House
4:00pm	Evaluation & Home

[General Practice Nurse Study Day Registration Form – Fill in form](#)



GLOUCESTERSHIRE PRIMARY CARE  
**TRAINING HUB**

## Women's Health 'Lunch and Learn' series

The Gloucestershire Women's Health champions are excited to offer a free series of online one hour 'lunch and learn' sessions on Menopause and HRT. Each session will include a short presentation and plenty of time to ask any questions you may have, as well as some case scenarios if time allows.



### **Session 6: Genitourinary symptoms of menopause, sexual function and testosterone** **Wednesday 11<sup>th</sup> February 2026**

This session will include the assessment and management of genitourinary symptoms of menopause. We will also look at how to approach sexual problems in the menopause, and when prescribing testosterone may be appropriate.

To book please  
click this [link](#)



## Are you a Student Nurse mentor in General Practice?



Please may I advise that I have received notification from the University of Gloucestershire to advise that with effect from 15th January 2026, all undergraduate BSc Nursing Students completing venepuncture will be required to complete this procedure under the direct supervision of a Registered Healthcare Professional with appropriate skills and experience.

Although Registered Nursing Associates can supervise BSc Nursing students in Part 1 or Part 2 of their programme as a Practice Supervisor, Registered Nursing Associates cannot supervise a Nursing Student in Part 3 in any capacity. Registered Nursing Associates also cannot act as a Practice Assessor to any BSc Nursing Student.

Here is a link which the University have shared for further advice and guidance  
<https://www.glos.ac.uk/practice-support/placement-support-and-information/>



## Updated Measles guidance for healthcare services

[NHS England » Measles guidance for healthcare services](#)



## Change of vaccine for the routine adult pneumococcal vaccination programme and individuals at increased clinical risk letter



Please see some planned changes to pneumococcal vaccination programme for 2026, from UKHSA and NHS England. Key points below, with link to changes. Please cascade to primary care nursing teams.

[Change of vaccine for the routine adult pneumococcal vaccination programme and individuals at increased clinical risk letter - GOV.UK](#)



## Preceptorship Programme 2026



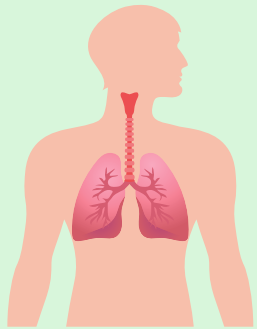
Calling all Practices in Gloucestershire  
'Are you a new GPN/Nursing Associate in your practice who would benefit from gaining core skills in Primary Care?

Gloucestershire Primary Care Training Hub is offering a 6 month fully funded Preceptorship Programme including essential clinical and non-clinical skills for any GPN's/Nursing Associates new to Primary Care'.

Start date: 01 April 2026

For further information and to book a place please contact:

[mashel.banks@nhs.net](mailto:mashel.banks@nhs.net)



## Opportunities to Improve Disease Trajectory & Gloucester COPD Guideline Update

Tuesday 24<sup>th</sup> February 1-2pm online

Opportunities to Improve Disease Trajectory & Gloucester COPD Guideline Update Carol Stonham, Senior Nurse Practitioner - Respiratory, CYP Asthma Clinical Lead, NHSE SW Respiratory Network Clinical Lead, PCRS Trustee.



[Scan the QR code to register](#)



## Ring Pessary Model Training- Clinical Skills Practice Session

Thursday 26<sup>th</sup> February

1-5pm Rm 2 at the Sandford Education Centre in Cheltenham.

The Primary Care Training Hub hosted our first Ring Pessary Theory course on 17<sup>th</sup> November 2025. Following on from this we have created an opportunity for clinicians to attend a drop-in session to practice ring pessary fits and sizing on pelvic models. The sessions are being hosted by the urogynaecology team and women's health champions, so you will have the opportunity to ask questions and gain 1:1 feedback. Clinicians who have attended the theory course and want the opportunity to practice on a model or are already undertaking ring pessary fits and would like to further their skills are invited to attend.

This is a free drop-in session.

If you plan to attend please sign up using the link below so we know roughly how many people to expect:  
<https://glosprimarycare.co.uk/ring-pessary-model-training-clinical-skills-practice-session>

Further information about the ring pessary clinical skills logbook can be found at  
<https://glosprimarycare.co.uk/womens-health>

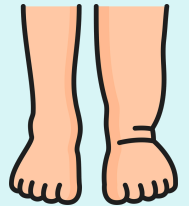
## Wound Management (Dressings) Formulary



## Gloucestershire's Education & Training Standards for Managing Lower Limb Wounds Tier 2

Recently these education standards have been shared with you via email. All information is on the next page.

Please contact me to receive further detail if required at [karis.ramsay1@nhs.net](mailto:karis.ramsay1@nhs.net)



[Thursday 12-Feb Wound bed preparation - 2 & 3 - Register here](#)

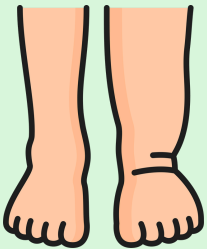
[Thursday 12-Mar Chronic oedema assessment - 2 & 3 - Register here](#)

[Education training standards on the next page](#)

## Lower Limb CPD Event

### Save the date

TUESDAY 24<sup>th</sup> MARCH 2026  
09.30am-4.30pm  
Venue TBC



2026							MARCH						
SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7							
8	9	10	11	12	13	14							
15	16	17	18	19	20	21							
22	23	24	25	26	27	28							
29	30	31											

## GPN Survey

We are working collaboratively with the QICN Forum and the RCN to understand more about your work and workloads. Are you currently a GPN or Nursing Associate working in General practice?

Please fill in this survey- it will take around 20 minutes and will help us understand the work of registered nurses and nursing associate's, in general practice. It is being analysed by Prof Alison Leary, no identifiable data is collected or shared.

Many thanks

Nursing Directorate NHSE  
[General Practice Nursing](#)



Please see below in relation to Gloucestershire’s Education & Training Standards for Managing Lower Limb Wounds (Tier 2).

Below **Table 1** demonstrates the education required for Tier 2, please note that the e-Learning **MUST** be completed prior to booking onto **one** day Bandaging Practical Training **and one** day Doppler Practical Training (dates available below in **Table 3**. **Table 2** provides lunch and learn bitesize sessions for [Red Flags and Pre-doppler training](#), [Wound Bed Preparation](#) and [Chronic Oedema Assessment](#) all required as part of Gloucestershire’s Education & Training Standards for Managing Lower Limb Wounds.

**Table 1**

<b>TIER 2</b> This is the minimum level of skill and knowledge that is required for practitioners assessing, diagnosing, developing treatment plans and reviewing healing for people with wounds as part of their job role.		
<a href="#">ELFH Tier 1 and 2 training</a>		Every 2 years online
Red Flags and Pre–doppler (immediate and necessary care) training ( <a href="#">PATH</a> )		Every 2 years online on <a href="#">PATH Website</a> <b>or</b> Bitesize Lunchtime Education Session ( <b>dates in Table 2</b> )
<u>2-day Leg Ulcer Management Course (In development)</u>  Including Doppler theory/practice, and applying compression hosiery, wraps and bandaging theory/practice		Every 2 years face to face
Doppler competency assessment		As necessary
Compression bandaging competency assessment		As necessary
	<a href="#">Wound Bed Preparation (PATH)</a>	Every 2 years online on <a href="#">PATH Website</a> <b>or</b> Bitesize Lunchtime Education Session ( <b>dates in Table 2</b> )
	<a href="#">Chronic Oedema Assessment (PATH)</a>	Every 2 years online on <a href="#">PATH Website</a> <b>or</b> Bitesize Lunchtime Education Session ( <b>dates in Table 2</b> )

**Table 2-**

<b><u>Date</u></b>	<b><u>Topic</u></b>	
12/02/2026	<a href="#">Wound Bed Preparation</a> <click to register	To book onto the bitesize lunch and learn sessions on your preferred dates 1-2pm please Ctrl+Click on your desired date/topic.
12/03/20206	<a href="#">Chronic Oedema Assessment</a> <click to register	For further dates contact: <a href="mailto:joe.emms@essity.com">joe.emms@essity.com</a>

**Table 3- To BOOK your Doppler Practical Training AND your Bandaging Practical Training please contact stating the dates you wish to attend:**

**Email: [Learning@ghc.nhs.uk](mailto:Learning@ghc.nhs.uk)**

**Tel: 0300 421 8104**

**\*\*\*PLEASE NOTE, YOU MUST HAVE COMPLETED THE ABOVE E-LEARNING PRIOR TO ATTENDING PRACTICAL SESSIONS, YOU WILL BE ASKED FOR PROOF OF THIS ON THE DAY\*\*\***

<u>Date &amp; Time</u>	<u>Topic</u>	<u>Location</u>
04/02/2026 8.45-4.30	Doppler Practical Training	The Group Room Forest of Dean Hosp
18/02/2026 8.45-4.30	Bandaging Practical Training	The Group Room Forest of Dean Hosp
04/03/2026 8.45-4.30	Doppler Practical Training	The Vale
25/03/2026 8.45-4.30	Bandaging Practical Training	The Vale
08/04/2026 8.45-4.30	Doppler Practical Training	Stroud Hospital- Post Grad Room
29/04/2026 8.45-4.30	Bandaging Practical Training	Cirencester Hospital Seminar Room
06/05/2026 8.45-4.30	Doppler Practical Training	Cirencester Hospital Seminar Room
20/05/2026 8.45-4.30	Bandaging Practical Training	Cirencester Hospital Seminar Room
03/06/2026 8.45-4.30	Doppler Practical Training	The Group Room Forest of Dean Hosp
24/06/2026 8.45-4.30	Bandaging Practical Training	The Group Room Forest of Dean Hosp
01/07/2026 8.45-4.30	Doppler Practical Training	The Vale
29/07/2026 8.45-4.30	Bandaging Practical Training	The Vale
09/09/2026 8.45-4.30	Doppler Practical Training	Stroud Hospital- Post Grad Room
30/09/2026 8.45-4.30	Bandaging Practical Training	Cirencester Hospital Seminar Room
07/10/2026 8.45-4.30	Doppler Practical Training	The Vale
28/10/2026 8.45-4.30	Bandaging Practical Training	The Vale
04/11/2026 8.45-4.30	Doppler Practical Training	Cirencester Hospital Seminar Room
18/11/2026 8.45-4.30	Bandaging Practical Training	Cirencester Hospital Seminar Room
02/12/2026 8.45-4.30	Doppler Practical Training	The Group Room Forest of Dean Hosp
16/12/2026 8.45-4.30	Bandaging Practical Training	The Group Room Forest of Dean Hosp



## myCOPD – Free Licences Available

As part of our winter respiratory campaign, we would like to remind practices that the ICB has around 1,000 free myCOPD licences available for primary care to issue to patients.

myCOPD is a digital app designed to support people living with COPD, providing lifelong access once a patient is registered. The app is now NICE-recommended for self-management and pulmonary rehabilitation, and includes:

Easy-to-follow inhaler technique videos

Online pulmonary rehabilitation exercise sessions

Educational modules covering breathlessness, medication, chest clearance and more

Self-management plans, activity tracking and inhaler diaries

To issue a licence, please email Gloucestershire Digi Hubs at [community@fvaf.org.uk](mailto:community@fvaf.org.uk) with the subject line “myCOPD app”.

The Digi Hubs team can support you with the sign-up process, provide demonstrations, and offer 1:1 onboarding for patients.

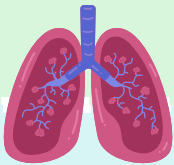
Quote from Gloucestershire Digi Hubs:

“The Digi Hubs team is proud to support the rollout of the myCOPD app and aid the removal of barriers by offering personalised 1:1 onboarding and ongoing support to patients across our hub network. We’re here to make sure patients feel confident using the app and can access its full benefits.”

You can find more information about the app here: myCOPD: The COPD app for controlling your symptoms, however if you require further information please contact Fran Mason-Rowland ([fran.mason-rowland@nhs.net](mailto:fran.mason-rowland@nhs.net))

Please note that practices will not be expected to provide clinical support once patients are registered.

Technical support is available directly from the app provider.



## Diabetes Education

[to book please email:stickland\\_james@lilly.com](mailto:stickland_james@lilly.com)



Session and Theme Dates confirmed.	
<b>Session 1:</b> Thursday 5th Feb 0900-1130	<ul style="list-style-type: none"><li>Identifying Risk and Clinical review of Type 2 Diabetes</li><li>Understanding Oral and Incretin therapy choices for adults with T2D</li></ul>
<b>Session 2:</b> Thursday 12th Feb 0900-1130	<ul style="list-style-type: none"><li>Why Weight matters in T2D</li><li>Incretin Hormones in T2D</li><li>Practical Initiation Of injectable incretin</li></ul>
<b>Session 3:</b> Thursday 26th Feb 0900-1130	<ul style="list-style-type: none"><li>Pathophysiology of Obesity</li><li>Nutrition considerations for incretin</li></ul>
<b>Session 4:</b> Thursday 12th March 0900-1130	<ul style="list-style-type: none"><li>Younger Adults with Type 2 Diabetes(T2D) Treating Patients Aged &lt;40</li><li>Self Care Challenge: Supporting people living with Long-term conditions</li></ul>
<b>Session 5:</b> Thursday 16th April <b>0900-1130</b>	<ul style="list-style-type: none"><li>Insulin for the treatment of Type 2 Diabetes</li></ul>
<b>Session 6:</b> Thursday 30th April 0900-1130	<ul style="list-style-type: none"><li>Optimisation and Daily Management of insulin therapy</li></ul>

# Primary Care Leadership Programme Opportunities

Below, full information can be found regarding three Programme opportunities:

## **Exciting Opportunity for fully funded Mary Seacole Programme – CMI**

The Mary Seacole programme offers nationally consistent, entry-level leadership training for practice managers, nurses, PCN managers, community pharmacists and early-career GPs. It builds confidence, core leadership skills, and resilience – strengthening succession planning and stabilising neighbourhood teams.

This helps frontline leaders deliver prevention-focused care, improve productivity, and support the NHS ambition to shift services from hospitals into the community.

CMI qualifications are designed to meet the knowledge, skills, and behaviours sought by employers in their workforce.

Learners will have the opportunity to achieve CMI Level 5 Certificate in Management and Leadership, alongside obtaining the NHS Leadership Academy Award in Healthcare Leadership.

Programme length: **10 months**.

Delivery method: **Online with independent online learning.**

Course Fee: **FREE. Fully Funded Places (which would usually cost £1200)**

Start date: **February/March 2026**

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## **Exciting Opportunity for fully funded Rosalind Franklin Programme – CMI**

Neighbourhood teams depend on mid-career leaders to integrate care, manage pressure, and keep staff engaged.

Yet, leadership development opportunities in primary care have lagged those in secondary care.

The Rosalind Franklin programme helps close this gap by offering tailored leadership training for practice managers, lead nurses, PCN managers, community pharmacists, and mid-career GPs. It strengthens leadership capability, builds a diverse pipeline of future senior leaders, and supports the government's three shifts:

Boosting productivity through strong local leadership

Embedding prevention via better coordinated care

Enabling truly place-based services

This is key to delivering the NHS 10 Year Health Plan's goal of shifting care closer to home.

CMI qualifications are designed to meet the knowledge, skills, and behaviours sought by employers in their workforce.

Learners will have the opportunity to achieve CMI Level 7 Award in Strategic Management and Leadership Practice, alongside obtaining the NHS Leadership Academy Award in Senior Healthcare Leadership.

Programme length: **12 months**

Delivery method: **Online with independent online learning.**

Course Fee: **FREE. Fully Funded Places (which would usually cost £1500)**

Start date: **February/March 2026**

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## **Exciting Opportunity for partially funded Elizabeth Garrett Anderson Programme**

Primary care leaders play a vital role in shaping integrated neighbourhood services, improving patient outcomes, and leading transformation at system level. Yet, senior leadership development in primary care has often lagged opportunities available in secondary care.

The Elizabeth Garrett Anderson Programme addresses this gap by offering advanced leadership training tailored for senior leaders in primary care – including PCN Clinical Directors, senior GPs, practice managers, and system-level leaders. It equips participants with strategic leadership skills, system thinking, and inclusive approaches to drive change across local health economies.

This programme is key to achieving the NHS Long Term Plan's ambition of shifting care closer to home and strengthening local leadership.

Programme length: **24 months**

Delivery method: Blended learning (online modules, residential workshops, and applied projects)

Course Fee: **This programme is funded through a dual model: £7,000 by the NHS Leadership Academy and £7,000 by the applicant's organisation or self-funded.**

Start date: **February/March 2026**

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For further information, please click this [link](#)

# Core Standards & Training Updates



## UKHSA National Minimum Standards for immunisation training 2025.pdf

Regions to review

links/relationships with current regional immunisation teams, and oversight of commissioning offers for training and education in their ICBs

## Amend regulations to support the supply and deployment of vaccines - GOV.UK

Regions to be aware of impact for NA role schedule 17 and 247a. Locally offers to incorporate legal mechanisms into training plans.

## PGDs in practice explainer videos – SPS - Specialist Pharmacy Service – The first stop for professional medicines advice

## **Webinar: upcoming changes to the routine childhood immunisation schedule : Cascade to Primary and Community Teams please!**

The UK Health Security Agency (UKHSA) Immunisation Team, in collaboration with NHS England, is hosting a webinar at 2 - 3.15pm on 3 December 2025, to inform colleagues of the second phase of the changes to the routine childhood vaccination schedule which will be implemented from January 2026. This will include the introduction of a varicella (chickenpox) vaccination programme (MMRV) and a new routine vaccination appointment at 18 months of age.

This webinar is aimed at health professionals involved in the commissioning and delivery of childhood immunisations including those working in primary care, screening and immunisation teams, health visiting teams and integrated care boards (ICBs). Colleagues should register their interest via Microsoft Forms. This webinar will be recorded.

## Changes to Childhood Vaccination Programme

### **Changes to routine childhood schedule announced in the GP contract**

- Children turning 12 months on or after 1 January 2026 will receive two doses of MMRV (at 12 and 18 months).
- Children turning 18 months on or after 1 January 2026 will receive one dose of MMRV (to complete their two-dose MMR schedule).
- Children aged 18 months to 3 years 4 months on 1 January 2026 will receive one dose of MMRV instead of their 2nd MMR dose. Of this cohort:
  - those aged 18 months to 2 years 6 months will be invited to a brought forward appointment for their 2nd MMR dose (as MMRV) between 1 January 2026 and 31 October 2026
  - those aged 2 years 7 months to 3 years 4 months on 1 January 2026 will receive their 2nd MMR dose (as MMRV) at their existing scheduled 3 years 4 months appointment before 31 October 2026.
- Children aged 3 years 4 months to less than 6 years will be invited for a universal single catch-up dose of MMRV. Appointments to be scheduled from 1 January 2026 and completed by 31 March 2027.
- Children aged 6 years to less than 11 years will be invited to receive a single dose of MMRV if they have no history of chicken pox. Appointments to be scheduled from 1 January 2026 and completed by 31 March 2027.
- From 1 April 2027, an opportunistic or on request offer will remain for varicella (as a single dose of MMRV) to all children aged 3 years 4 months to less than 11 years before 1 January 2026 who have no history of chicken pox.

**Source: NHS England**

# FINAL CALL FOR A FULLY FUNDED PLACE\*



## DO YOU WANT TO BE A GENERAL PRACTICE NURSE?

Discovering a Career in General Practice Nursing (CNO 002) is a single module available to nurses or nursing associates, either qualified or in training, who are looking for a real kickstart to their career by providing information and insight into the role of a General Practice Nurse.

This fully funded\* distance-learning course is tailored to those looking to develop their nursing career and is especially suited to individuals who may be exploring other opportunities within the sector to accommodate work-life balance objectives.

The module is offered as Non-Credit Bearing, Level 6 (BSc) or Level 7 (MSc).

**Learn more about this module**

<https://www.cumbria.ac.uk/study/courses/cpd-and-short-courses/general-practice-nursing/>

\* Free to students who currently reside in England.

**FINAL START DATE:  
W/C 30TH MARCH 2026**

Find out more about  
our General Practice  
Nursing module.



## MAKE A POSITIVE DIFFERENCE.